



FALL 2025 EMPOWERMENT PLANNER

*special
events*

*readers and
energyworkers*

*ongoing
classes*



Nashville's Spiritual Resource Since 2002.

Crystals, Jewelry, Incense, Sage, Self-Care, Books, Tarot,
Readings and Energywork Sessions, Aura Photos, and Classes.



e-news

Sign up for our
e-news. Sales,
new products, events
and services.

cosmic stars

Sign up for our Cosmic
rewards program! Scan
the QR code to sign up
and earn today!



2117 8TH AVENUE SOUTH
NASHVILLE, TN 37204
(615)463-7677

www.yourcosmicconnections.com

Special Guest Readers and Healers

Throughout the year, Cosmic is host to special guests, many who have been visiting us for 20+ years! Join us in welcoming these visionaries, healers, readers, and vendors ***Please see our insert for ADDITIONAL events each quarter!



Jean Tindle

Sept 19 to 21
Dec 5 to 7

Spirit Dancer
Crystals



Akashic Record Reading
~Crystal Healing
~Shamanic Healing
~Book Today!

Jean has led women's circles, apprenticed with Shaman, and lived in the jungles of South America, studied with Peruvian maestro curandero Oscar Miro Quesada, lived with Capanahua and Shipibo tribes, and with medicine women in Chile.



BLANCHE
BLACKE,
OWNER OF
CHICAGO'S
CHAKRA SHOPPE

SEPT 12 TO 14

Chakra Analysis
Tarot Readings
Past Life Regression
Mediumship



MEDIUMSHIP CLASS: SEPT 13

Magic and Manifestation
with the Akashic Records



Bill Foss

author,
teacher,
and healer

Oct. 31 to
Nov 3

~Workshop
~Private Sessions
~Also Available for
Remote Booking



World Sound Healing Event!

save the date!



Feb 14-16,
2026

Join us for a weekend of sound events
beginning on Friday night February 14
and running through Sunday
afternoon February 16, 2026

Sound, Healing,
Chants, Meditation



Anra Photography

By Appointment or Walk-in!

~5 Page Report \$25
~22 Page Report \$44



Additional Special Events in 2025:

AT THE ANCESTOR'S TABLE:

with Dee Norman
Honor & Work with Your
Ancestors. Cost: \$25
Saturday, October 4



Fairy Class Series

with Clarissa Lynn
intro, herbs, magic, altars
Saturday, Oct 11. Cost: \$25
FINAL CLASS 2025!



DIVINATION SERIES W/ BERTENA

~Oracle Certification: Oct 12
Cost: \$199
~Divination Class: Nov 2
Cost: \$99



BEYOND THE VEIL: A JOURNEY INTO PAST LIVES

with Tania Smith / Cost: \$30



TUESDAY, OCTOBER 14

Unlock the mysteries
of your soul's journey.



LEARN HOW TO CLEAR YOUR SPACE OF NEGATIVE ENERGY

Shift the energy in your space!
with Lori Knowles
Saturday, October 18
Cost: \$25.00



ANCESTRAL ALTARS SUNDAY, OCT 19 / COST: \$45



Create an altar to
honor your loved one. Connect
with others in a sacred way.
w/Aubrey Derryberry



CLASSES

~FAIRY REIKI I: \$175

W/CLARISSA LYNN:

SEPTEMBER 28



~REIKI III W/BERTENA:

COST: \$250

NOVEMBER 9

*Book w/
Clarissa Lynn*



~FREE REIKI SHARE

W/ BERTENA:

NOVEMBER 9

*book
w/bertena*

SPECIAL SOUND EVENTS

HEALING SOUND WITH REIKI ENERGY!

Robin Barnes & Lauren DeYoe
meditate, relax, clear, heal
SATURDAY, NOVEMBER 29



COST:
\$39



DEEP CALM: SOUNDBATH + YIN YOGA

w/ Naima Adedapo



SAT, OCT 18
SUN, DEC 14
COST: \$60



Hallowed Halloween!



Shop with us and see what
the crew is brewing!
Friday, October 31.

Shop Our Website!



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Sign-Up for E-News!



Classes to Celebrate the Season!

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Saturday, October 4



LEARN LENORMAND

Advanced Class!
with Andrew Charles
Sunday, October 5
Cost: \$45



Fairy Class Series

with Clarissa Lynn
intro, herbs, magic, altars
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classes on our website!*

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Meet the Cosmic Reader and Energy Worker Collective

For over 20 years, Cosmic has been home to Nashville's most gifted intuitive readers, astrologers, and energy workers. Scan the QR code to book today!

Alli Watts, LMT



Chair Massage

Alli has been practicing massage in Nashville for over 25 years. She is trained in Swedish and Deep Tissue Massage, Reflexology, and Reiki. Alli is available the 3rd Saturday each month. Her sacred orgonite pieces are for sale as well!

Rate: 15 minutes - \$30



Andrew Charles



Lenormand Card Reader, Empath, Psychic

Andrew Charles has a deep desire to help others explore their own divine spiritual connection. He works with your spirit guides, crystal energy, and the system of Lenormand to help you unlock your full potential.

Rates: 15 min (\$40), 30 min (\$75), 45 min (\$110), 60 min (\$135)



Bertena, M.A., M.Ed., M.Div., Ph.D.



Tarot, Tea Leaves, Crystal Ball, Reiki, Spirit Guide Communication, Divination Classes, Reiki Classes

With extensive knowledge and decades of experience, Bertena is here to help you uncover the secrets of your life's path. She also offers Reiki and Bio-Mat sessions for energy support.

Rates: 15 min (\$45), 30 min (\$80), 45 min (\$125), 60 min (\$150), 90 min (\$225)



Chudier



Tarot, Psychic

Chudier is here to help you on your spiritual path, wherever you are and however you walk it. Her practice is deeply inspired by Indigenous African spiritual systems and in honoring the wisdom of the ancestors while keeping the space playful and loving.

Rates: 15 min (\$35), 30 min (\$65), 45 min (\$95), 60 min (\$125)



Did you know?

The majority of our readers and energyworkers hold bachelor's degrees and several have master's degrees. Our massage therapist holds a license in massage and has advanced training in other modalities. In addition to their natural gifts, most have mentored with prominent experts in their field and hold certifications in various including advanced training with Deepak Chopra. Their talent and dedication to their craft know no bounds!

Dee Norman



Lenormand Oracle, Tarot

Dee Norman is an experienced tarot and oracle reader and published author. With more than 30 years of practice, she blends deep symbolic knowledge with intuitive insight to help clients uncover hidden patterns, navigate life's challenges, and embrace their own power.

Rates: 15 min (\$45), 30 min (\$80), 45 min (\$115), 60 min (\$140)



Dr. Tamurah



Psychic, Medium, Scalar Sound Immersion Events, Rainbow Frequency Attunements,

Dr. Tamurah has been working with clients for 40+ years! She relays messages, tunes into your life, and offers Rainbow Light Frequency Attunements to support your overall health. **Rates: 15 min (\$50), 30 min (\$88), 45 min (\$133), 60 min (\$188) , 90 min Rainbow Frequency sessions (\$222)**



Gina Griffiths



Clairvoyant, Animal Communication, Medium, Aura Readings

Gina is a clairvoyant and professional intuitive with over 25 years experience. She hears from your guides and angels to answer your questions. She communicates with those who have crossed over (pets too), communicates with animals and reads auras.

Rates: 15 min (\$45), 30 min (\$80), 45 min (\$115), 60 min (\$150)



Janet Andrews



Tarot, Stagnant Energy Sessions, Monthly New Moon Women's Circle

Attuned to energy flow, Janet identifies & transforms blockages, freeing stagnant energy. Whether your concerns involve romantic, career, financial or health issues, you will leave inspired, empowered & ready to move forward toward your goals & dreams.

Rates: 15 min (\$45), 30 min (\$80), 45 min (\$115), 60 min (\$140)



Henna Art with Intuitive Readings!



Special Guest Seemi offers henna and intuitive reading combinations. Her daughter Fizza offers intricate and delicate henna art as well! See them at special Cosmic events.



Mallory Key



Astrology Readings, Private and Group Classes,

Mallory Key, is an AMAFA accredited Astrologer with the American Federation of Astrologers and has studied Astrology for over 13 years. She offers private and group readings, teaches Astrology workshops and hosts two popular Zoom events each month!

Rates: 20 min (\$45), 40 min (\$90), 60 min (\$135), 80 min (\$180)



Lisa Rusczyk



Tarot and Mediumship,

Host of We're All Psychic Podcast

Lisa works with tarot, astrology, numerology, and provides mediumship, both for getting in touch with passed loved ones and pets, and to introduce you to your spirit guides.

Rates: 15 min (\$40), 30 min (\$75), 45 min (\$105), 60 min (\$140)



Lori Knowles



Energy Enhancement Sessions, Intuitive Readings, Soul Integration, Classes & FREE Monthly Meditation

Lori assists individuals and businesses achieve balance through energy healing with the use of her intuitive abilities. Lori offers space clearing and her Clearing and Blessing Kits are available at Cosmic.

Rates: 15 min (\$45), 30 min (\$80), 45 min (\$105), 60 min (\$140), Archangel / Soul Integration™ 60 min (\$140), House Blessings: Book a 15 Minute Discovery Session



Tania Smith (Lupon Lumo Woekar)



Tse Dup Energy Healing, Tarot, Hypnosis, Intuitive Readings, Past Life Regression, Monthly Meditation, Healing Circles, Life Mapping, Creative Mentoring

Tania is a Certified Drup Shen Ma and Lupon (Healer & Teacher) in the ancient Tibetan tradition of Tse Dup Tibetan Soul Healing which balances and heals the body, mind and spirit. She has over 20 years' experience with clients as a healer and intuitive.

Rates: Readings or Energywork: 15 min (\$45), 30 min (\$95), 45 min (\$125), 60 min (\$175), 90 min (\$225), Hypnosis or Past Life Regression (\$175). 2-hour Life-Mapping Session (\$325), House Blessings: Book a 15 Min Discovery Session



3-Year Tse Dup Certification
w/ Lupon Lumo Woekar
see the Cosmic website for details

www.yourcosmicconnections.com

Monthly Ongoing Events:

For full description of events visit our
booking calendar on the Cosmic website.



In-Person
Zoom



Yin Yoga w/ Alli Taylor

Relaxing 75 minute
Yin Yoga class
promoting flexibility
and deep tissue
stretching. \$20
1st Monday Monthly.



Rainbow Light Activation w/Tania Smith

Evening of guided
meditation and
energy work for
self-discovery.
1st Tuesday. FREE.



Chant the Heart Mantras w/Tania Smith

Discover the power
of Tibetan mantras
to enhance your life
and find peace. \$25
1st Wednesday.



Astrology Talk w/ Mallory Key

Personalize the
monthly Astrological
Weather using your
personalized Birth
Chart. \$25
1st Wednesday.



Awakening the Divine Feminine Within w/Bertena

Reconnect with your
inner Divine
Feminine
1st Thursday. FREE.



Mindset Reset Sound Bath w/ Sandy Gwaltney

An antidote to the
stresses of modern life
and technology on
comfy air mattresses!
2nd Monday \$40.



Meditation, Mantra and Mysticism w/Burnell

Learn powerful yoga
meditations that will
enhance your life in a
positive way. FREE.
2nd & 4th Wednesdays



Group Energy Share w/Clarissa Lynn

Share energy with
one another in this
group setting. FREE.
2nd Friday.



Connect to Your Inner Child w/Lori Knowles

Embark on a deeply
nurturing journey of
self-discovery and
self-healing. FREE.
2nd Thursday.



Sound Immersion w/Dr. Tamurah

A relaxing and
healing sound journey
with high vibe crystal
bowls and Sanskrit
gong. \$33.
2nd Saturday.



Tse Dup Healing w/Tania Smith (Lopon Lumo Woekar)

Strengthen the life
force & soul energy
by balancing the 5
elements.
3rd Tuesday. \$25.



Embodying the Divine Feminine Path w/Bertena

A Deep Dive into
Feminine Power,
Ritual, and Daily
Practice. \$25.
3rd Thursday.



New Moon Circle w/Janet Andrews

An intimate gathering
of women to set
intentions, make
goals, plant seeds.
\$35. Check our
Calendar for Dates



Human Design Introduction w/Megha Bradley

Discover your Human
Design archetype and
gain perspective of
your life. FREE.
4th Tuesday.



Astrology Forecast w/Mallory Key

Astrological overview
of the month ahead!
FREE AND FUN.
Last Wednesday
Each Month.



Visit our website.
sign up for our
newsletter. and
follow us on
Instagram and
Facebook to see all
of our events!

Holiday Crystal and Jewelry Weekends

Every holiday season our favorite crystal and jewelry vendors join us for weekend trunk shows! Shop for the special people in your life or perhaps...for yourself.



Spirit Dancer Crystals

Sept 19-21, Dec 5-7

Join us in welcoming back Jean Tindle. From Jean, "I love traveling to gem shows around the world to choose stones that I know will help you make big shifts in your life."

Magical Delights

Sept 19-21, Dec 5-7

Magical Delights has been creating Signature Style Handcrafted Jewelry and Wands for over 30 years!



Nugent Jewelry

November 7-8

Welcome back Nugent Jewelry, a USA owned and operated jewelry wholesaler offering third-party certified natural, genuine gemstone and crystal jewelry.

Crystal Gypsy Designs

December 6-7

Tania Smith brings her artistic eye to these beautiful pieces hand-crafted with finds from her global travels! These divinely inspired pieces are infused with amazing energy! Tania is also available for readings and private sessions at the trunk show!



Phat Rocks

December 20-21

Patricia Kimmel of Phat Rocks is a longtime crystal wholesaler from Knoxville, TN. She is also an expert on crystal grids and Lemurian crystals. Shop with and learn from Patricia!

Pop-Up Markets!

Sacred Pop-Up Event with James Verdier and Alli Watts

Shop James' collection of sacred home decor. Alli will be joining him with her line of orgonite pieces to bring even more sacredness to your space! **Saturday, September 27.**

Holiday Vendor Pop-Up

Cosmic has invited some of our favorite local artisans to join us in making merry at our December holiday pop-up event!

Saturday, December 13 followed by Sound Immersion with Dr. Tamurah

