

# F A L L 2 0 2 5 E M P O W E R M E N T P L A N N E R

special renders and ongoing events energyworkers classes



Nashville's Spiritual Resource Since 2002. Crystals, Jewelry, Incense, Sage, Self-Care, Books, Tarot, Readings and Energywork Sessions, Aura Photos, and Classes.



#### e-news

Sign up for our e-news. Sales, new products, events and services.

#### cosmic stars

Sign up for our Cosmic rewards program! Scan the QR code to sign up and earn today!



2117 8TH AVENUE SOUTH NASHVILLE, TN 37204 (615)463-7677

www.yourcosmicconnections.com

## \*Special gnest Renders and Healers\*

Throughout the year, Cosmic is host to special guests, many who have been visiting us for 20+ years! Join us in welcoming these visionaries, healers, readers, and vendors \*\*\*Please see our insert for ADDITIONAL events each quarter!



## Jean Tindle

### Sept 19 to 21 Dec 5 to 7

Spirit Dancer Crystals



Jean has led women's circles, apprenticed with Shaman, and lived in the jungles of South America, studied with Peruvian maestro curandero Oscar Miro Quesada, lived with Capanahua and Shipibo tribes, and with medicine women in Chile.



BLANCHE
BLACKE,
OWNER OF
CHICAGO'S
CHAKRA SHOPPE
SEPT 12 TO 14

Chakra Analysis Tarot Readings Past Life Regression Mediumship



MEDIUMSHIP CLASS: SEPT 13

## Magic and Manifestation with the Akashic Records



## Bill Foss

author, teacher, and healer

Oct. 31 to Nov 3

~Workshop ~Private Sessions ~Also Available for Remote Booking



## World Sound Healing Event!

save

save the date! Feb 14-16, 2026

Join us for a weekend of sound events beginning on Friday night February 14 and running through Sunday afternoon February 16, 2026

Sound, Healing, Chants, Meditation



Aura Photography

By Appointment or Walk-in!

~5 Page Report \$25 ~22 Page Report \$44



## Additional Special Events in 2025:

#### AT THE ANCESTOR'S TABL

with Dee Norman Honor & Work with Your

Ancestors. Cost: \$25 Saturday, October 4



### Fairy Class Series

with Clarissa Lynn intro, herbs, magic, altars Saturday, Oct 11. Cost: \$25

FINAL CLASS 2025!



#### **DIVINATION SERIES** W/ BERTENA

~Oracle Certification: Oct 12

Cost: \$199

~Divination Class: Nov 2

Cost: \$99



#### **BEYOND THE VEIL:** A JOURNEY INTO PAST LIVES

with Tania Smith / Cost: \$30



**TUESDAY, OCTOBER 14** Unlock the mysteries of your soul's journey.



#### **LEARN HOW TO CLEAR YOUR SPACE**

#### OF NEGATIVE ENERGY

Shift the energy in your space! with Lori Knowles Saturday, October 18

Cost: \$25.00



#### ANCESTRAL ALTARS SUNDAY OCT 19 / COST: \$45

Create an altar to nonor your loved one. Connect with others in a sacred way. w/Aubrey Derryberry



Shop Our Website!



2117 8TH AVENUE SOUTH NASHVILLE, TN 37204 (615)463-7677

www.yourcosmicconnections.com



~FAIRY REIKI I: \$175 W/CLARISSA LYNN:

SEPTEMBER 28



~REIKI III W/BERTENA: Marissa Lynn

COST: \$250

**NOVEMBER 9** 

~FREE REIKI SHARE

W/BERTENA: **NOVEMBER 9** 



w/bertena

#### SPECIAL SOUND EVENTS

#### **HEALING SOUND WITH REIKI ENERGY!**

Robin Barnes & Lauren DeYoe meditate, relax, clear, heal SATURDAY, NOVEMBER 29





#### **DEEP CALM:** SOUNDBATH + YIN YOGA

w/ Naima Adedapo

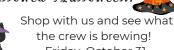


SAT, OCT 18 SUN, DEC 14

COST: \$60







the crew is brewing! Friday, October 31.



Sign-Up for E-News!

## Classes to Celebrate the Season!

#### AT THE ANCESTOR'S TABLE:

with Dee Norman Honor & Work with Your Ancestors. Cost: \$25





#### LEARN LENORMAND

Advanced Class! with Andrew Charles Sunday, October 5 Cost: \$45

Saturday, October 4





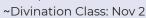
### Fairy Class Series 🛚

with Clarissa Lynn intro, herbs, magic, altars Saturday, Oct 11. Cost: \$25 FINAL CLASS 2025!



#### **DIVINATION SERIES** W/BERTENA

~Oracle Certification: Oct 12 Cost: \$199



Cost: \$99





#### **BEYOND THE VEIL:** A JOURNEY INTO PAST LIVES

with Tania Smith / Cost: \$30



**TUESDAY, OCTOBER 14** 

Unlock the mysteries of your soul's journey.



#### LEARN HOW TO CLEAR YOUR SPACE

#### OF NEGATIVE ENERGY

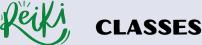
Shift the energy in your space! with Lori Knowles Saturday, October 18 Cost: \$25.00





#### ANCESTRAL ALTARS SUNDAY, OCT 19 / COST: \$45

Create an altar to honor your loved one. Connect with others in a sacred way. w/Aubrey Derryberry



~FAIRY REIKI I: \$175 W/CLARISSA LYNN:

SEPTEMBER 28



~REIKI III W/BERTENA: Parissa lynn

COST: \$250

**NOVEMBER 9** 



~FREE REIKI SHARE

W/BERTENA: **NOVEMBER 9**  w/bertena

#### SPECIAL SOUND EVENTS

#### **HEALING SOUND WITH REIKI ENERGY!**

Robin Barnes & Lauren DeYoe meditate, relax, clear, heal SATURDAY, NOVEMBER 29





#### **DEEP CALM:** SOUNDBATH + YIN YOGA

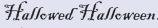
w/ Naima Adedapo



SAT, OCT 18 SUN, DEC 14

COST: \$60







Shop with us and see what the crew is brewing! Friday, October 31.

Register for all Tosmic classes on our website!

www.yourcosmicconnections.com



## Meet the Cosmic Render and Energy Worker Collective



For over 20 years, Cosmic has been home to Nashville's most gifted intuitive readers, astrologers, and energy workers. Scan the QR code to book today!

#### Alli Watts, LMT



#### **Chair Massage**

Alli has been practicing massage in Nashville for over 25 years. She is trained in Swedish and Deep Tissue Massage, Reflexology, and Reiki. Alli is available the 3rd Saturday each month. Her sacred orgonite pieces are for sale as well!

Rate: 15 minutes - \$30

#### Andrew Charles



Lenormand Card Reader, Empath, Psychic
Andrew Charles has a deep desire to help others
explore their own divine spiritual connection. He works
with your spirit guides, crystal energy, and the system of
Lenormand to help you unlock your full potential.

Rates: 15 min (\$40), 30 min (\$75), 45 min (\$110), 60 min (\$135)

#### Bertena, M.A., M.Ed., M.Div., Ph.D.



Tarot, Tea Leaves, Crystal Ball, Reiki, Spirit Guide
Communication, Divination Classes, Reiki Classes
With extensive knowledge and decades of experience,
Bertena is here to help you uncover the secrets of your life's path.
She also offers Reiki and Bio-Mat sessions for energy support.

Rates: 15 min (\$45), 30 min (\$80), 45 min (\$125), 60 min (\$150), 90 min (\$225)

#### Chudier



#### Tarot, Psychic

Chudier is here to help you on your spiritual path, wherever you are and however you walk it. Her practice is deeply inspired by Indigenous African spiritual systems and in honoring the wisdom of the ancestors while keeping the space playful and loving.

Rates: 15 min (\$35), 30 min (\$65), 45 min (\$95), 60 min (\$125)

#### Did you know?

The majority of our readers and energyworkers hold bachelor's degrees and several have master's degrees. Our massage therapist holds a license in massage and has advanced training in other modalities. In addition to their natural gifts, most have mentored with prominent experts in their field and hold certifications in various including advanced training with Deepak Chopra. Their talent and dedication to their craft know no bounds!

#### **Dee Norman**



#### Lenormand Oracle, Tarot

Dee Norman is an experienced tarot and oracle reader and published author. With more than 30 years of practice, she blends deep symbolic knowledge with intuitive insight to help clients uncover hidden patterns, navigate life's challenges, and embrace their own power.

Rates: 15 min (\$45), 30 min (\$80), 45 min (\$115), 60 min (\$140)

#### Dr. Tamurah



#### Psychic, Medium, Scalar Sound Immersion Events, Rainbow Frequency Attunements,

Dr. Tamurah has been working with clients for 40+ years! She relays messages, tunes into your life, and offers Rainbow Light Frequency Attunements to support your overall health. Rates: 15 min (\$50), 30 min (\$88), 45 min (\$133), 60 min (\$188), 90 min Rainbow Frequency sessions (\$222)

#### **Gina Griffiths**



#### Clairvoyant, Animal Communication, Medium, Aura Readings

Gina is a clairvoyant and professional intuitive with over 25 years experience. She hears from your guides and angels to answer your questions. She communicates with those who have crossed over (pets too), communicates with animals and reads auras.

Rates: 15 min (\$45), 30 min (\$80), 45 min (\$115), 60 min (\$150)

#### **Janet Andrews**



Tarot, Stagnant Energy Sessions, Monthly New Moon Women's Circle

Attuned to energy flow, Janet identifies & transforms blockages, freeing stagnant energy. Whether your concerns involve romantic, career, financial or health issues, you will leave inspired, empowered & ready to move forward toward your goals & dreams.

Rates: 15 min (\$45), 30 min (\$80), 45 min (\$115), 60 min (\$140)

## Henna Art with Intuitive Readings!

Special Guest Seemi offers henna and intuitve reading combinations. Her daughter Fizza offers intricate and delicate henna art as well!

See them at special Cosmic events.











#### **Mallory Key**



Astrology Readings, Private and Group Classes,
Mallory Key, is an AMAFA accredited Astrologer with
the American Federation of Astrologers and has
studied Astrology for over 13 years. She offers private
and group readings, teaches Astrology workshops and
hosts two popular Zoom events each month!

Rates:20 min (\$45), 40 min (\$90), 60 min (\$135), 80 min (\$180)

#### Lisa Rusczyk



Tarot and Mediumship, Host of We're All Psychic Podcast

Lisa works with tarot, astrology, numerology, and provides mediumship, both for getting in touch with passed loved ones and pets, and to introduce you to your spirit guides.

Rates: 15 min (\$40), 30 min (\$75), 45 min (\$105), 60 min (\$140)

#### **Lori Knowles**



Energy Enhancement Sessions, Intuitive Readings, Soul Integration, Classes & FREE Monthly Meditation

Lori assists individuals and businesses achieve balance through energy healing with the use of her intuitive abilities. Lori offers space clearing and her Clearing and Blessing Kits are available at Cosmic.

Rates: 15 min (\$45), 30 min (\$80), 45 min (\$105), 60 min (\$140), Archangel / Soul Integration™ 60 min (\$140), House Blessings: Book a 15 Minute Discovery Session

#### Tania Smith (Lupon Lumo Woekar)



Tse Dup Energy Healing, Tarot, Hypnosis, Intuitive Readings, Past Life Regression, Monthly Meditation, Healing Circles, Life Mapping, Creative Mentoring



Tania is a Certified Drup Shen Ma and Lopon (Healer & Teacher) in the ancient Tibetan tradition of Tse Dup Tibetan Soul Healing which balances and heals the body, mind and spirit. She has over 20 years' experience with clients as a healer and intuitive.

Rates: Readings or Energywork: 15 min (\$45), 30 min (\$95), 45 min (\$125), 60 min (\$175), 90 min (\$225), Hypnosis or Past Life Regression (\$175). 2-hour Life-Mapping Session (\$325), House Blessings: Book a 15 Min Discovery Session



3-Year Tse Dup Certification w/ Lupon Lumo Woekar see the Cosmic website for details

## Monthly Ongoing Events:

For full description of events visit our booking calendar on the Cosmic website.





#### Yin Yoga w/ Alli Taylor

Relaxing 75 minute Yin Yoga class promoting flexibility and deep tissue stretching. \$20 lst Monday Monthly.





## Activation w/Tania Smith Evening of guided

**Rainbow Light** 

meditation and energy work for self-discovery. 1st Tuesday, FREE.





#### Chant the Heart Mantras w/Tania Smith

Discover the power of Tibetan mantras to enhance your life and find peace. \$25 1st Wednesday.





## Astrology Talk w/ Mallory Key

Personalize the monthly Astrological Weather using your personalized Birth Chart. \$25 1st Wednesday.





#### Awakening the Divine Feminine Within w/Bertena

Reconnect with your inner Divine Feminine 1st Thursday. FREE.





#### Mindset Reset Sound Bath w/ Sandy Gwaltney

An antidote to the streses of modern life and technology on comfy air mattresses! 2nd Monday \$40.





#### Meditation, Mantra and Mysticism w/Burnell

Learn powerful yoga meditations that will enhance your life in a positive way. FREE. 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays





#### Group Energy Share w/Clarissa Lynn

Share energy with one another in this group setting. FREE. 2nd Friday.



#### Connect to Your Inner Child w/Lori Knowles

Embark on a deeply nurturing journey of self-discovery and self-healing. FREE. 2nd Thursday.





## Sound Immersion w/Dr. Tamurah

A relaxing and healing sound journey with high vibe crystal bowls and Sanskrit gong. \$33. 2nd Saturday.





#### Tse Dup Healing w/Tania Smith (Lopon Lumo Woekar)

Strengthen the life force & soul energy by balancing the 5 elements. 3<sup>rd</sup> Tuesday, \$25.





## Embodying the Divine Feminine Path w/Bertena

A Deep Dive into Feminine Power, Ritual, and Daily Practice. \$25. 3<sup>rd</sup> Thursday.





## New Moon Circle w/Janet Andrews

An intimate gathering of women to set intentions, make goals, plant seeds.
\$35. Check our Calendar for Dates





#### Human Design Introduction w/Megha Bradley

Discover your Human
Design archetype and
gain perspective of
your life. FREE.
4<sup>TH</sup> Tuesday.





## Astrology Forecast w/Mallory Key strological overvie

Astrological overview of the month ahead! FREE AND FUN. Last Wednesday Each Month.





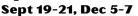
Visit our website, sign up for our newsletter, and follow us ou Instagram and Facebook to see all of our events!

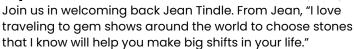
## Holiday Crystal and Jevelry Weekends

Every holiday season our favorite crystal and jewelry vendors join us for weekend trunk shows! Shop for the special people in your life or perhaps...for yourself.



## **Spirit Dancer Crystals**







#### **Magical Delights**

Sept 19-21, Dec 5-7

Magical Delights has been creating Signature Style Handcrafted Jewelry and Wands for over 30 years!





## Nugent Jewelry

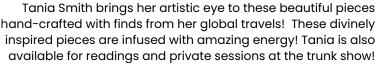
November 7-8

Welcome back Nugent Jewelry, a USA owned and operated jewelry wholesaler offering third-party certified natural, genuine gemstone and crystal jewelry.



## Crystal Gypsy Designs

December 6-7







### Phat Rocks

December 20-21

Patricia Krimmel of Phat Rocks is a longtime crystal wholesaler from Knoxville, TN. She is also an expert on crystal grids and Lemurian crystals. Shop with and learn from Patricia!



#### **Pop-Up Markets!**

#### Sacred Pop-Up Event with James Verdier and Alli Watts

Shop James' collection of sacred home decor. Alli will be joining him with her line of organite pieces to bring even more sacredness to your space! Saturday, September 27.



#### **Holiday Vendor Pop-Up**

Cosmic has invited some our favorite local artisans to join us in making merry at our December holiday pop-up event!

Saturday, December 13 followed by Sound Immersion with Dr. Tamurah